

Strathcona County Family Resource Network

The Family Resource Network provides a range of programs and services that focus on building well-being and resiliency. Free supports are available to children and youth ages 0-18 and their parents and caregivers.

Parenting Support

Parenting is a journey and everyone needs help along the way. We work with parents and caregivers to:

- Identify parenting goals and address challenges
- Encourage positive child and youth development
- Strengthen parent-child relationships

Social Connections

Being connected to others means you don't have to travel alone. Together we can help you and your children build:

- Networks of support
- Awareness of resources, programs and services
- Community connection

Child and Youth Development

Each pathway towards healthy growth and development is unique. We have programs and information to:

- Promote communication and problem solving skills
- Enhance relationships
- Increase positive behaviour
- Explore the stages of development