## Free

## **Straight Talk About Teens**

## October 1 6:30 p.m. to 8 p.m.

For: Parents and caregivers of youth ages 12-18

Crossing the bridge from childhood to adulthood can be exciting and challenging for both teens and their caregivers. Join us for this online session based on the Psychology Foundation of Canada's publication "Straight Talk About Teens."

> To register visit: strathcona.ca/parentsupport



For more information visit: strathcona.ca/familyresourcenetwork